



# “Community Matters”

By Lamprey Health Care

A speaker series bringing relevant topics to the forefront



## Understanding Neurodiversity

Presented by: Megg Thompson, Certified Behavioral Consultant

Neurodiversity recognizes that all brains work differently — including ADHD, autism, anxiety, and more — and that these differences are a natural part of being human.

A fun, informative seminar & workshop exploring how neurodivergent brains operate — and practical ways to support all kinds of brains at home, school, work, and in the community.



Tuesday, January 27<sup>th</sup> 2026 Newmarket Office (207 S. Main Street)



Tuesday, February 3<sup>rd</sup> 2026 Raymond Office (128 Route 27)



Refreshments: 4:30pm



Presentation & Workshop: 5:00pm - 6:00pm

### Small groups discussion & Workshop Highlights

- What neurodiversity really means
- ADHD, Autism, Anxiety — how they show up in real life
- Being supportive: What does that actually look like?
- Creating safe places to land in school, work, home & community
- Solving the Double Empathy Problem

[Click here or Scan QR code to RSVP!](#)  
two dates/locations to choose from!

