

## Starting January 15, 2026 Lamprey will no longer be in Network with Humana's Medicare Advantage Plans.

NOTE: This does not impact Humana Rx benefits and Humana Military TriCare plans

If you would like to stay with your Lamprey provider, you can explore other options during open enrollment (open enrollment ends December 7th).

We will be in network with United Health Care/AARP, Wellsense, and Aetna for Medicare advantage plans.

If you need assistance changing your Medicare Advantage plan, please call ServiceLink at 1-866-634-9412 (Toll Free) or visit servicelink.nh.gov